

The Rising Star News

A Publication of New Beginnings Christian Fellowship

Vol. X No. 2

May 2019



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Are You Living Your Best Life?

Just what that means can vary from one person to the next. Living Your Best Life does not necessarily mean having a big house, a fancy car, a large bank account, travelling etc. For one person it may simply mean a life free of drama, a life free from an abusive relationship, a job and or promotion they've been praying for, retirement from a job, a new opportunity, going back to school, or whatever....we can all fill in the blank with something unique that causes us to say "I'm Living My Best Life!" It's about doing those things that make you smile and laugh, things that bring you joy etc. The point is, wealth and stuff does not necessarily equal "Living Your Best Life." However, whatever it may be that causes us to claim that statement, if Jesus is at the center of it all, no matter what our situation may be, we can still claim that we're Living Our Best Life because Jesus paid it all so that we can have LIFE and with him in it, it's already our best LIFE!

Easter service at NBCF was a launching pad for Living Your Best Life! That Service was ___we'll let you fill in the blank because what it was for you may not be the same for someone else. For some, it was the start of Living Their Best Life. As you can see from the pictures,

the children had a great time as they gathered in the Family Life Center for arts/crafts, a bouncy house and a message that was child focused...even they can claim they're Living their Best Life! Going to church with a Bouncy House...What!!!

Meanwhile, in the main sanctuary, the adults worshipped our Risen Savior on a-whole-nother level! The Mass Choir with guest soloist Josephine Howell stirred our spirits and kept the atmosphere filled with the Joy of Jesus. And it goes without saying that Pastor Braxton's message was out of the box, convicting, thought-provoking and soul stirring as he preached about being a freak for Jesus. You really had to be there...better yet, stop by the Rising Star Bookstore and pick up a copy the DVD and see, hear and enjoy the message for yourself! Ask yourself do you need Jesus so you can truly begin "Living Your Best Life?"

Many, many many thanks to ALL who served in whatever capacity....and a special thanks to this year's ministry volunteers - that signed up - for a willing spirit and answering the call to serve along side your brothers and sisters. EVERYONE'S service ensured God was glorified as we celebrated the Rising of his Son Jesus the Christ.

Living Our Best Life Easter 2019



Living Our Best Life Easter 2019



MEMBER NEWS

Jr. Deacon Recognition

Congratulations to Junior Deacon Amber Jones, daughter of Sis. Demetrice McClinton. Amber has been selected to attend the National Youth Leadership Forum: Medicine, an experiential learning program administered by Envisions.

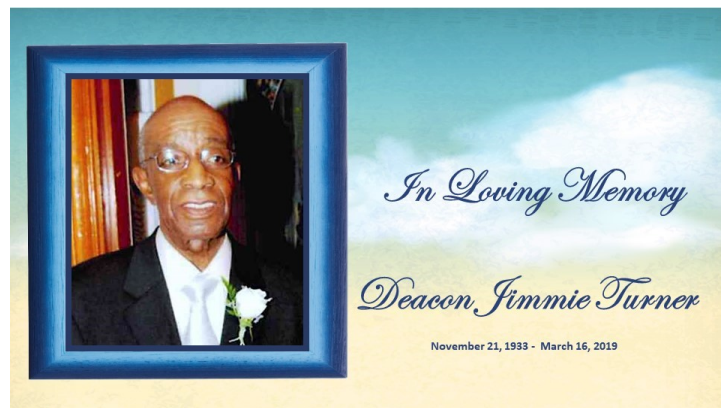
The Dean of Admissions at George Mason University, Washington, DC, advised Amber of her selection by the College Board's Student Search Service, which identifies high achieving students worthy of selection. Envisions, which is partnering with George Mason University, is an organization that provides students with the opportunity to discover their passions at programs conducted throughout the world.

On June 23-25, Amber will attend the Congress of Future Medical Leaders, an academic program at Charter University in Cambridge, MA. On July 7-15, Amber will be attending the National Leadership Forum: Medicine, at St. John's University in New York; she will observe real live surgeries at both universities. Amber receives college credits for both programs.

Currently, fourteen-year-old Amber is a 9th grader at Auburn Riverside High School. Besides serving as a Junior Deacon, Amber sings in the Youth Choir and serves with the Outreach Feeding Ministry.

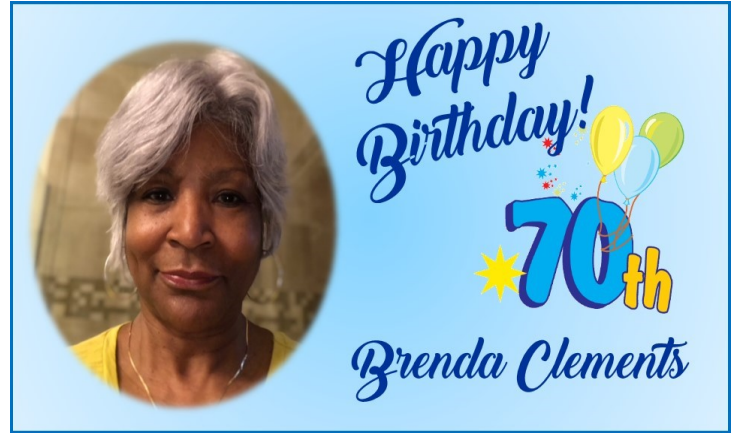
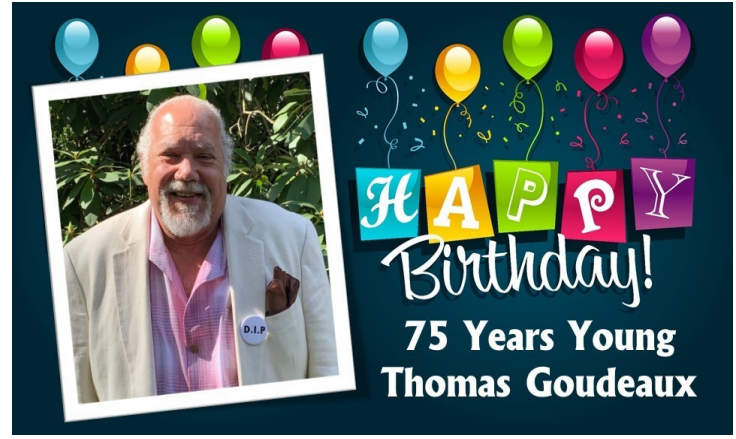
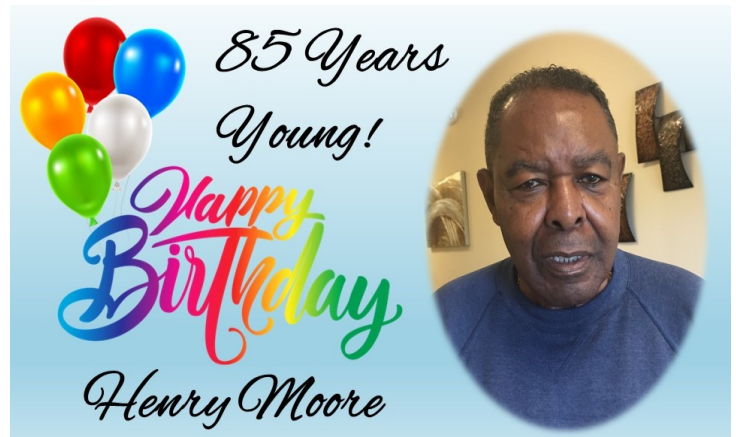


Home Goings



MEMBER NEWS

Milestone Birthdays



**MINISTRY
VOLUNTEERS
NEEDED**

FOR MORE INFORMATION ABOUT
ANY NBCF MINISTRY VISIT THE
INFORMATION BOOTH

Baby Dedications

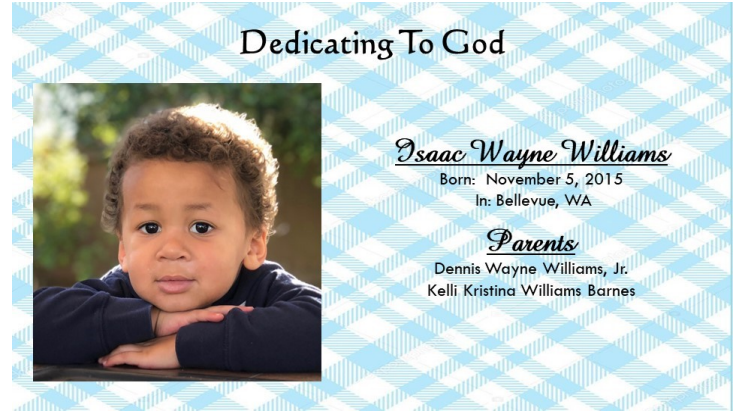


Dedicating to God *Trinity Bri'Elle Braxton*

Born
July 31, 2018
Seattle, Washington

Parents
Zavier Antonio Braxton
Triana Shauna Powell

God Parents
Omari & CeCy Powell



Dedicating To God

Isaac Wayne Williams

Born: November 5, 2015
In: Bellevue, WA

Parents
Dennis Wayne Williams, Jr.
Kelli Kristina Williams Barnes



DEDICATING TO GOD

TORRANCE JOSEPH CARTER

BORN
NOVEMBER 22, 2018
SEATTLE, WA

PARENTS
KEVIN MICHAEL CARTER
DAYSHA TOCCARA CARTER



Dedicating To God

Luke Benjamin Williams

Born: October 23, 2017
In: Seattle, WA

Parents
David Wayne Williams
Joline Rith Williams

God Parents
Maly Heng
Kith Heng
Paul MacFarlane



Dedicating To God

Ysabela Imani Walker

Born: August 31, 2018
Seattle, Washington

Parents
Vinson T. Walker
Yaneth G. Walker

God Parents
James & Sara Burns



Dedicating To God

Olivia Faith Thompson

Born: January 25, 2018
In: Seattle, Washington

Parents
Greg Michael Thompson
Elizabeth Faith Thompson Williams

Let's Celebrate!

Got A Milestone Birthday or Anniversary Coming Up?

If you have a Milestone Birthday (65 years and older at 5 year increments) and or a Milestone

Anniversary (40 years with 5 year increments) and want to be recognized, The NBCF Senior Ministry would like to celebrate and honor you! This means your picture will be displayed on the media screen during Sunday Worship Services and will be included in the quarterly newsletter).

Please submit you Milestone Birthdays and Anniversaries and contact information to the Senior Ministry at: seniorministry@thenbcf.org.

Take Me To the Water...To Be Baptized



Congratulations to ALL of the recent Baptism candidates. On March 31, Pastor Braxton baptized 20 individuals that answered the call.

New Beginnings Christian Fellowship - 19300- 108th Ave SE, Kent, WA 98031

THURSDAYS THRILLING

Middle & High School Youth

2yrs to 5th grade

Bible Studies
Adults

worship

Something for the whole family!

- 6:00pm** Chew & Chat (\$5 Dinner)
- 6:45pm** Adult Bible Study/New Members
- 7:00pm** AWANA/FRESH
- 7:45pm** Worship & Word Service

NEW GENESIS Youth Choir

Rehearsals
1st 2nd & 4th Saturdays

Time
11:30-12:30 PM

Location
Youth Sanctuary

For more information contact: Zhane Condly
Email: sing2heal@gmail.com
253-227-6676

Join The NBCF Team To Fight Cancer!

H PE

South King County

Friday June 7, 2019

For More Information Visit The Relay Table
in The Narthex or the Information Desk

CAN I GET A WITNESS?

I shall be a witness to
the world of God's love.

Practicing Your Faith in The Public Square



Evangelism Class

May 2 – June 6, 2019

Instructors: Deacons Lydia Reynolds &
Clarence Williams

Helper: Brother Keith Bazemore

This class is designed to teach every believer in Jesus the Christ what to do and say and what not to do and say when sharing the Good News about our Lord and Savior.

Donate Invite & Participate

**Vacation Bible Camp
July 19th- 21st, 2019**



REGISTRATION DEADLINE- MAY 31st

COST \$70.00 PER STUDENT

Make payment via kiosk, secure giving or check (include student's name in memo)

LODGING, FOOD & TRANSPORTATION

EFFECTIVE 6/1/19- FULL PRICE \$165 IF SPACE AVAILABLE

Visit thenbc.org to complete and print registration form

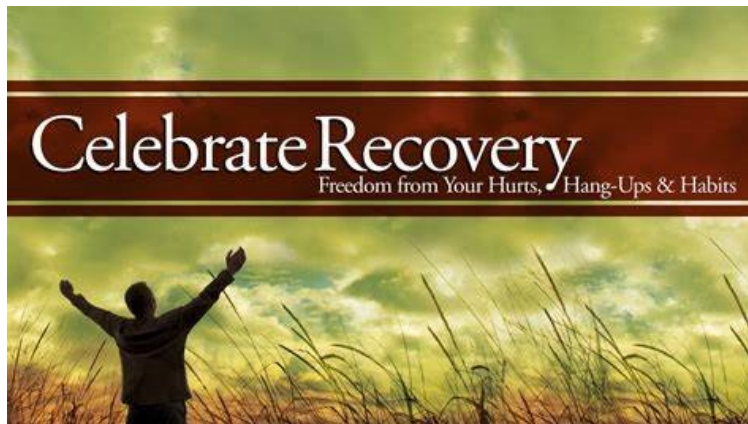
Celebrate Recovery

In the last two years of the Celebrate Recovery Ministry, lives have changed in the healing of broken spirits, learning to trust and love again and success in managing and controlling anger. These successes come from those who are sick and tired of being sick and tired, while doing the work to heal. We all struggle with our hurts, habits or hang-ups in varying degrees of discomfort or concern. Some may know what's at the root of their hurts, habits or hang-ups, while others may not be aware of them or have suppressed theirs. In Romans 7:15-17 we hear the words of Paul, "I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me." Whatever our case, we can all pray this prayer,

*God, Grant me the
Serenity to accept the people I cannot change,
Courage to change the one I can and the
Wisdom to know that one, is Me.*

The Celebrate Recovery Program was developed by John Baker at the Saddleback Church of Rick Warren, Pastor and author of "The Purpose Driven Life." This ministry is based on the 12 Step program of Alcohol Anonymous and include 8 principles derived from Jesus' Sermon on the Mount, the "Beatitudes." Our higher power is, "Jesus!" The leaders themselves are people who also have hurts, habits and hang-ups and have worked the 12 Step and 8 Principal programs. We take seriously guarding everyone's privacy and confidentiality, in all cases and at all times.

This Ministry addresses more than substance-abuse and alcoholism; following are some examples of other hurts, habits and hang-ups we give attention to.



(This is not a complete list but just an example and group sessions are gender specific)

- Freedom from Anger
- Grief
- Co-Dependency
- Sexual Addiction
- Eating Disorders
- Gambling Addiction
- Chemical Addiction
- Traumatic Loss
- Personal/Family
- Physical, Sexual & Emotional Abuse

We would like to extend an open invitation to all who may be struggling with hurts, habits and hang-ups. We welcome you with open arms and in the love of Jesus Christ! Our motto is: "It hurts, God heals, It's a process!"

For more information about the program, meeting dates and time, contact us at:
celebraterecovery@thenbcf.org.

JOIN THE MOVEMENT
Save A Life

Financial Wellness

THE 2019 NATIONAL AFRICAN AMERICAN MALE WELLNESS WALK

BARBERSHOP TALK REAL TALK REAL MEN

Cooking DADS

THE NATIONAL AFRICAN AMERICAN MALE WELLNESS INITIATIVE

Become a Sponsor for one of the Wellness Initiative Events
614.754.7511 | aawalk.org

Make A Donation TODAY

He Had A Dream...
Live in good health

SAVE THE DATE
JULY 20, 2019

Renton Memorial Stadium
405 Logan Ave, Renton, WA @ 7am
5k Walk/Run

TIFFANY PARK ELEMENTARY
1601 LAKE YOUNGS WAY SE
RENTON, WA 98058

DAP & CAREER DAY

FRIDAY 5-24-19
CALLING ALL PEOPLE OF COLOR

Help all students feel welcome by joining our morning dap line full of fistbumps, high-fives and affirmations! Stick around to share your career experience with our future leaders in the afternoon!
Lunch is provided.

RSPV FOR ONE/BOTH AND MORE INFO:
icareparents@gmail.com

FIND US ON FACEBOOK: WE ARE ICARE



TIFFANY PARK ELEMENTARY
1601 LAKE YOUNGS WAY SE
RENTON, WA 98058

Dotcy's Perspective

As a leader at T-Mobile, one of the functions that reports to Dotcy is Diversity and Inclusion. As such, he occasionally provides perspective on topics related to diversity and inclusion. Dotcy was recently interviewed for an article on Dr. Martin Luther King, which was published on T-Mobile's intranet. He would now like to share that information with us.

While segregation tends to be associated with the U.S. South, Dr. King spoke about Chicago being one of the most challenging cities during the civil rights struggle in the 20th century.

Too young to remember much of the life of Dr. King, Dotcy does clearly remember being in school when the civil rights leader was assassinated in 1968, and the strong sense of loss and fear felt in the African American community following King's death. Dotcy also remembers the pride of some contrasted with protests by others when Chicago renamed a street in King's honor shortly after.

While Dotcy has been inspired by many of King's writings, he was particularly taken with *Why We Can't Wait*, a book written by King that traces the civil rights movement through 1963. Like many others, Dotcy was struck by King's visionary approach and deep thinking.

Being influenced by Indian activist Mahatma Gandhi, King led the U.S. civil rights movement through non-violent protest, which included tactics civil disobedience – disobeying laws that were morally unjust. King recognized that changing laws was not enough, and that African-Americans also needed equal access to jobs, pay equity, and access to education, employment and medicine. King championed socio-economic justice, realizing that a lack of access to opportunity leads to

cultural and societal issues that compound over the course of generations. And while there have been great strides in the past 50 years, there is much more work left to do to address these issues.

Working for equality and inclusion is not just about what happens in our communities – it's also about what happens in our workplace. As T-Mobile's EVP of Human Resources Liz McAuliffe announced last year, a new immersive experience, *Insight Out*, is being rolled out across T-Mobile to open dialogue about unconscious bias, and help us create a more inclusive environment for everyone on #TeamMagenta.

Dotcy says it's important for all of us to understand and give voice to the stories of history – of King's and others' fight for equality – to ensure that their passion lives on.

Dotcy encouraged everyone to consider honoring Dr. Martin Luther King Jr this year – and every year - by participating in a Day of Service, with either their local D&I chapter or volunteering in their community. If you aren't able to participate in an event, take some time to learn more about the civil rights movement and King by reading his writings, such as *Why We Can't Wait*. By understanding our country's civil rights history, we can preserve King's teachings and in doing so fight against injustice and fight for equality.



Ministry Opportunity

Setup Breakdown The Ministry behind the Curtains



SETUP BREAKDOWN IS LOOKING FOR YOU...

New Beginnings is looking for a few good men and women, young and young to join the Setup Breakdown Ministry.

Recruiting Now! For monthly rotations and special event setup.



CONTACT DEACON'S JAMES CLEMENTS & CLARENCE WILLIAMS

FOR MORE INFORMATION



The Setup/breakdown Ministry is an extension of the Operations Department and exists to enhance and support the congregation and other ministries with setting up and breaking down equipment, tables-chairs, and arranging areas as needed for Sunday Services and other NBCF special events. In addition, we perform light maintenance and cleanup inside and outside the NBCF WFLC facilities...

Signup sheets will be available at the Information Counter for anyone wishing to join our team.

A Street Named Lesesne

Lesesne Street in Kissimmee Florida was named to honor the late William "Buster" Lesesne, father of NBCF's own Carl Lesesne, and Grandfather of Carlette Morrow and Shari Cal.

Mr. Lesesne earned this honor through his community activism, and fighting against segregation and discrimination. He also helped and supported people in his community who were trying to start a business. In 1983 after 45 years of service in the Kissimmee area, Buster Lesesne of Buster Cab Service retired. Buster Cab was the only cab service for African Americans in Kissimmee. He had the only black owned cab service in Kissimmee. He was highly respected in the local government. In the 1950's Buster had then minor leaguer, Hank Aaron stay at his house and would take him to the minor league ball park on Sumner Street. A lifelong Democrat, Buster had been involved in local politics, serving on various committees to former Governor Askew. He also had a front row seat to Governor Bob Graham's inauguration.

We thank the Lesesne family for sharing this bit of history with us.



**Be On the Lookout!
Stay Alert!
Keep Your Eyes Peeled!**



NBCF Scholarship Applications will be available beginning May 12, 2019.

Scholarship applications will be released both online and at the Information Booth on May 12, 2019

Deadline to return your application is June 2, 2019.

Class
OF
2019

**Attention Class of 2019
Graduate Sunday
June 9, 2019**

Graduate Information Forms are now available online or pick one up at the information desk. Please return your completed form and a high resolution photo to scholarship@thenbcf.org.

Deadline is 05/26/2019

The SHIFT Young Adult Conference



JULY 26-28

FULL Conference

General \$50	VIP \$65
------------------------	--------------------

Concert ONLY

General \$30	VIP \$45
Youth 17 & Under	\$20



TheSHIFTConference.org

Hey NBCF, Are you Ready for SHIFT Weekend 2019?!

**SAVE
THE
DATE**
26-28
JULY 2019
www.TheSHIFTconference.org



The concept is simple...

If you are a young adult join us for the entire conference weekend experience July 26-28. For everyone else, join us at the SHIFT Conference Concert featuring Jonathan McReynolds with special guest Ralph Porter!

- ✓ **Mocktail Party-Check!**
- ✓ **Dynamic workshops with Nationally recognized speakers-Check**
- ✓ **Grammy Nominated & Stellar Awarding winning Jonathan McReynolds- Check!**
- ✓ **THE Rev. Neichelle Guidry- Check!**
- ✓ **Free childcare- Check!**
- ✓ **And so much More!**

This is our BEST line-up yet, and all that's missing is YOU!

Register for the conference and purchase your concert tickets TODAY in the narthex. Go to www.theshiftconference.org for all details!

WHAT'S INCLUDED IN YOUR SHIFT CONCERT TICKET?



GENERAL // \$30

VIP // \$45

YOUTH // \$20
17 & Under

All General Ticket Perks +



Grammy Nominated Artist
Jonathan McReynolds
LIVE in Concert



Reserved Concert Seating



Concert Meet & Greet



Picture with Johnathan McReynolds



Exclusive SHIFT T-Shirt

WHAT'S INCLUDED IN YOUR SHIFT REGISTRATION?



GENERAL

VIP All General Registration Perks +



Workshops & Activities
featuring Nationally
Recognized Presenters



Front Row
Concert Seating



FREE Childcare
[Limited Spots]



Concert Meet & Greet



SHIFT Concert



Picture with Johnathan McReynolds



Breakfast / Lunch
& Post SHIFT Brunch



Exclusive SHIFT
T-Shirt



Friday Mixer

thank you ♥



thank you ♥

Connections Ministry

"Leadership and learning are indispensable to each other" are the wise words of John F. Kennedy and I couldn't agree more. Three years ago, I stepped into the Connections Co-Chair role and the experience has been rewarding. What I have learned and witness is the true backbone of the Connections Ministry are the leads and hosts. They dedicate their time, use their gifts, and open up their homes to create a small, supportive community of members. They embrace each other's ups and downs, support one another during times of sickness and loss, and provide a weekly place of refuge. To the Weatherby family in Tacoma, the Mason family in Fircrest, the Zheng family in Puyallup, Deacon Lydia & Carl in Auburn, Catherine in Kent Station, Annie, Mona, & Joe with the daytime group, Deacon Tonya in Renton, Elisabeth & Aaron with the Young Adults, Raye & Anita in the Central District, and Deacons James & Gabe, in North Seattle, and all the group administrators ...**THANK YOU** so much for all you do!

Blessings,
 Deacon Delores Mack
 Jessie Hayes IV
connections@thenbcf.org



Deacon Delores Mack

ISAAC STRONG!

We all remember the stories about the struggles young Issac Williams endured as he battled stage four cancer of his nervous system at just two years old. And when it was shared that Isaac is now cancer free, ohhh how our hearts rejoiced with the Williams family...Praise Be to God!

The strength young Isaac endured has earned him the honor of being the strong brave face of Strong Against Cancer, which is part of the Seattle Children's Hospital. I don't know about you but this picture of him just melts my heart!!! Let's keep this brave young child of God in our prayers as his life flourishes.

Isaac is pictured here with Dr. Mike Jensen who developed and discovered immuno-therapy. In the words of Deacon Dennis, "he is absolutely incredible and is a huge reason Isaac is here today. Immunotherapy is saving so many kids. Dennis notes it was an honor that they asked the family if Isaac could be on the save-the-date announcement next to him!

What an honor indeed!

STRONG AGAINST CANCER

Non-Profit Org.
U.S. Postage
PAID
Seattle, WA
Permit No. 8225

**SAVE THE DATE
CELEBRATION 2019**

FRIDAY, SEPTEMBER 13

FREMONT STUDIOS
Seattle, Washington
6 p.m.

Join the **Strong Against Cancer** team for an inspiring evening. Together, we will create a world without childhood cancer.

ISAAC
Strong Against Cancer since 2017

DR. MIKE JENSEN
Seattle Children's research scientist and Strong Against Cancer since 2010

CELEBRATION 2019

Introducing

Text 2 Give!

Text to
1 (844) 311-6333

Set Up Your Personal Info
Your settings will be saved in your phone

Text Keyword
GIVE = Tithes/Offerings
EDU = Scholarship
GIFT = Special Offering
NBCF = Miscellaneous

Text Your Amount
\$ XXX

It's FAST SAFE & SECURE!

VENMO Users

give-nbcf

CashApp Users

\$thenbcf

Rising Star Bookstore

**The New Rising Star Bookstore
Coming Soon!**

Servanthood Top Ten Volunteers - May 2019

Discipleship Keith Bazemore	Youth Madison Bryant	Children James Strasbaugh	Young Adults Kenny Odum	Congregational Care Beverly Errin
				
Operations Jacque Lacey	Outreach Dee Dee Terry	Music & Worship Arts Stephanie Parker	Seniors Anne Branch	Congregational Dev Yulanda Lawson
				

Thanks to all Department Heads and Ministry Leads for the collective effort it took to roll out our first Servanthood Top Ten. Our NBCF members who provide unselfish service are certainly worthy of recognition and hopefully, this will inspire others to do the same.

On the First Sunday of each month, we will highlight the "Servanthood Top Ten." These members are examples of "good and faithful" servanthood that Jesus asks of all of His disciples. These are individuals who demonstrate their faith by their works. Congratulations to our first of many "Top Ten Servant."

National Administrative Professionals' Day 4.24.19



Please join me in celebrating and honoring the most professional, kind-hearted, classy, tenacious, spiritually anointed and intellectually gifted Administrative Assistant I have ever been blessed to serve with - the one and only Sis. Sharon L. Hunter.

Sis. Sharon has been my right (and left) arm during my tenure as Minister of Music & Worship Arts and not once has she ever allowed me to fall short in any area. Whether proofing (and fixing) my emails, giving wise council when I'm short fused, maintaining our schedules, tearing down walls, building bridges, or being the go-to vocalist for all the hard songs, her passion for excellence is contagious. Truly, iron does sharpen iron, and she's never been the dull blade.

Sharon, It has been a pleasure serving the Lord's people with you and I am excited about all we will continue to accomplish together. You are a mighty woman of God and for this and so much more, we honor you today! Love you much!

Reverend Sam L. Townsend, Jr.
 Minister of Music and Worship Arts

What Legacy Will You Leave?

The Legacy Seminars held during Lent were nothing less than informative, encouraging, revealing and convicting! Each session had participants leaving with lots of notes and more questions as we move toward getting our financial houses in order.

As we learned, a legacy is simply leaving an amount of money, or property to someone or an organization in a will. It's usually described as an endowment, inheritance or bequest. Following is a summary of each session. For the full content, visit the church website where you can view You Tube videos of each session.

Wills, Probate, Powers of Attorney and Trust - Presenters, Raymond Connell Esq. & Keith Armstrong Esq.

In this session we learned the definitions and processes for...

- Power of Attorney
- Termination of Power of Attorney
- Living Will/Physician's Directive
- Probate
- Letter of Testamentary
- Estate Planning/Estate Transfer
- Living Trust vs. Will
- Trust
- Digital Assets

Disposition of Estate Assets - Presenter, Rache Boston ***In this session we learned the definitions and processes for...***

- Key Terms
- Selling Real Property
- Pros and Cons of Keeping Property
- Costly Mistakes

End of Life Planning/Burial Insurance - Presenters Debra Bowman & Brenda Charles Edwards

In this session we learned the definitions and processes for...

- End of Life Planning
- Burial Insurance
- Hospice Care
- Life Support Decisions
- Palliative Care
- Living Wills/Physician's Directives
- Durable Power of Attorney
- Death with Dignity
- Last Will & Testament



Investment Vehicles for Financial Legacy - Presenter, Dennis Williams Jr.

In this session we learned the definitions for...

Primary investment vehicles such as retirement (401K/IRA) and non retirement (individual/joint/brokerage/529) accounts.

Common investment instruments or asset classes, such as CD's Bonds, Stocks, Mutual Funds, Real Estate and annuities. How to utilize them all to diversify and reduce risk. Also, how they are important but each more so at certain times. For instance, stocks are associated with a growth focus and bonds and real estate may be associated with income. These assets are what fuel the above investment vehicles.

Methods of protecting the above vehicles and assets; updating beneficiaries (for qualified or retirement accounts) and transfer on death (for non retirement accounts like banking or brokerage accounts) information, utilizing revocable living trusts to streamline asset transfer upon death and avoid probate, having an updated will and pour over will to include thing not in trust, having adequate insurance

Continued on page 18



Church, It's Time For Prayer!



Prayer is for you, for us, for our community and this world!

Prayer is for you, for us, for our community and this world!

Join us for a 24 prayer vigil starting Friday, June 7th at 6pm and ending on Saturday, June 8th at 6pm.

Come when you can-- 15 mins, 1 hour or more!
It's up to you!

Lite Bites will be provided!

SummerFest! Is Coming

Fun & Fellowship for the Whole Community!



Carnival Rides

Games

Vendors

Music & Dancing

Dessert Competition

3 on 3 Basketball

Food & BBQ

& Much More!

Save the Date! August 10, 2019

WHAT IS... MIXXEDFIT®

Every One Welcome—Every Fitness Level —Every Body
Dancing – Toning – Fun



Leilani & Deidre

Saturdays @9am
Drop In: \$10 or \$50 Annual Fee
Email: fitness@thenbcf.org

GET FIT TOGETHER.



LET'S GET
FIT
TOGETHER
SMALL GROUP PERSONAL TRAINING

YOU'LL BE A PART OF THE PACK
WITHOUT GETTING LOST IN THE CROWD!



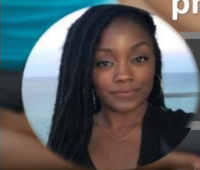
Coach Vic

CLASS TIMES
Wednesdays 6:00pm

Drop In \$10 or
\$50 Annual Fee
fitness@nbcf.org

Yoga for Every Body

START WHERE YOU ARE
Every body can do yoga, at every
phase of life, age & ability.



w/ Coach Denay
Saturdays @10am

\$10 Drop in or NBCF Annual Fee
Email: fitness@thenbcf.org

Bring your Yoga Mat, Water, Towel and Smile!

FOR JUST \$50/YEAR
YOU HAVE UNLIMITED ACCESS
TO EVERYTHING WE OFFER!

**CHECK OUT THE SCHEDULE
ONLINE OR AT THE
INFORMATION BOOTH!**

MIXXEDFIT SENIOR HEALTH BOOTCAMP

FITNESS@THENBCF.ORG

NBCF FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
				MIXXED FIT Leilani & Deidre 9:00 to 9:45am
		GROUP TRAINING Coach Vic 6:00 to 6:45pm		YOGA Denay & Shay 10:00 to 10:45am
ADULT BASKETBALL 6:00 to 9:00pm	WEIGHT ROOM 5:30 to 8:00pm	WEIGHT ROOM 6:00 to 8:00pm	WEIGHT ROOM 5:30 to 8:00pm	WEIGHT ROOM 8:00am to 1:00pm

SIGN UP TODAY!

SPRING 2019

EMAIL US: fitness@thenbcf.org

SIS Celebrates Her

Many thanks to all of the Sistas that came out to Celebrate Her! It was a wonderful afternoon filled with Sisterhood, Love and the Joy of Jesus! The ladies were asked to sport a pair of their favorite shoes to the event and as you can see from the pictures, they did just that!



The festivities started with an icebreaker where the ladies shared what kind of shoes they believed themselves to be:

Tennis Shoes - comfortable where they are in life...

Flats - Needing to have both feet planted on the ground but with style...

High Heels - They're Still Struttin Or Are they in transition?

Talk about things that make you go Hmmm!

The ladies were then treated to the stories of four Sistas who shared their personal journey of what kind of shoes they perceive themselves to be, past, present and future. Each provided heartfelt words of encouragement as well.

To end the afternoon, the participants were asked to write an encouraging message - on beautiful cards that were provided - and find someone in the room they never met and exchange cards. They were then asked to hold the card to their heart while Poet Laureate Mona Lake-Jones recited her infamous poem, "A Room Full of Sisters,"

Many many thanks to Dee Dee, Michael and the entire Hospitality Team for the delicious Lent Fast appropriate lunch and service.

The SIS Team thanks every Sista that took time out to join in an afternoon of fellowship...thanks to our Mistress of Ceremony, Mrs. Tonia Hogan, our resident DJ, Sadia Keyes, and our illustrious Poet Laureate, Mona Lake-Jones. And last but not least, an extra thanks to the ladies who so bravely shared their stories.

The SIS team could not do this work without you ALL...or without your smiles, encouragement, support and participation. As we always say at NBCF, "What we can't do alone, we can do together!" For indeed we are, Sisters In Spirit. As we always say at NBCF, "What we can't do alone, we can do together!"



Family Game Night

New Beginnings held its first Family Game Night on Saturday, April 27. This was a reschedule because of "Snowmeggedon" in February. While we didn't have as much momentum as we had for the previous date, we had many come out to share in the fun.

It was especially great to see so many of the newer faces to our family in attendance. We had several card (Bid Whist, Spades) and domino games, as well as board games.

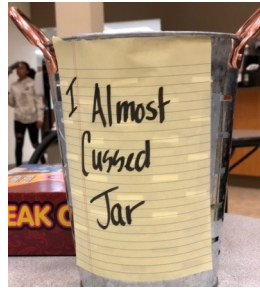
In the Sanctuary, team games of Family Feud, Speak Out and Heads Up proved to be laugh out loud hilarious and some new alliances were formed. Uno, Twister and coloring were featured for our little ones.

Thank you to all of the ministries who pitched in to help

make it happen especially the Game Night planning team, Set Up and Break Down, Security, and Food Services. It was great to see all of the joy, smiles and happy faces.

We send a special Shout Out to Miss Barbara for showing the men how dominoes should be played and of course, a rematch is in the future.

Hope to see many more come out for our future game nights. Rumor has it Family Feud may show up in August at Summerfest.



What Legacy Will You Leave?

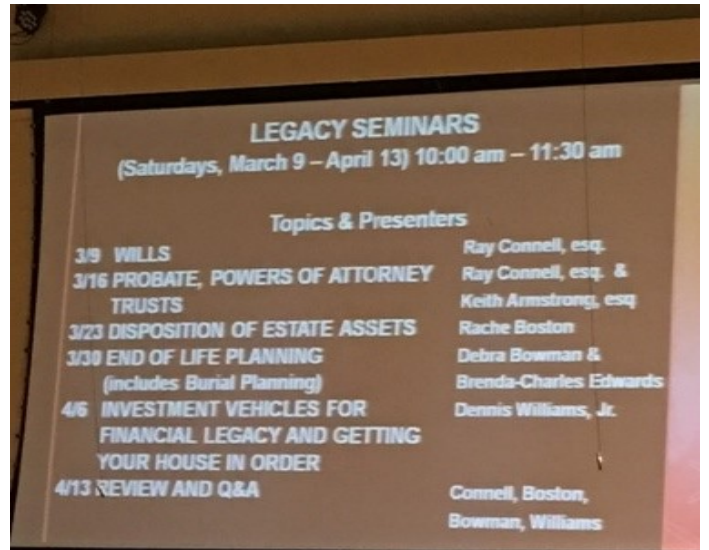
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coverage (term / whole / long term care insurance) to protect you so that the assets you've worked so hard for aren't depleted due to the unexpected.

Legacy planning is essential. We must utilize tools to transfer assets efficiently and impactfully. We must protect our assets as stated above while being mindful of the various tools available that will allow the owner to benefit from the assets and income while living...while at the same time designating entities like NBCF as a beneficiary upon death. Another valuable tool is the Irrevocable Life Insurance Trust or ILIT which allows you to gift money to the trust which will then purchase life insurance policies where the proceeds will go directly to beneficiaries upon death. The ILIT can be used to pass on tax free money, pay

estate taxes, and magnify the financial impact we aim to have on generations to come. There is no limit to the number of insurance policies one can have, which can also be listed in the form of a trust.

Whew, if your head is spinning from this summary, we strongly encourage you to view the You Tube videos, write down your questions and consult a professional for further guidance. Many thanks to each of the presenters for taking time out of their busy schedules to enlighten us about our financial affairs. And thanks to everyone that participated in the sessions, your presence and questions contributed to the seminars success...now go forth and Get Your Financial House in Order!



NBCF Seniors Gather for a Feast After the Fast

On April 24th, 2019 at 11:30 AM, the NBCF Senior Ministry Family excitedly gathered at The Feast Buffet in Renton for our 4th Annual Feast After The Fast. Everyone was greeted with a bag of delicious chocolates (love ☺ inside) and a Gift Bag including a "Living Your Best Life" Sun Visor. Ministry Chair, Connie Bown gave a warm welcome, and introduced attendees to the many fun activities and outings of NBCF Seniors. The food and hospitality was fantastic, we received prizes, met brand new friends, and gave great feedback and suggestions. Because of the Powerful, Jaw Dropping, Tear Jerking, Testimony shared by Chip Hargis; we all left inspired to "Live Our Best Life."

Submitted by Ann Gaston Branch



Call Him Pastor Townsend Now!

That's right, Elder Sam Townsend has now added Pastor to his many callings. Elder Townsend was called to assume the role of Lead Pastor of The EDGE Worship Community located in Kent.

Don't despair, Sam isn't leaving us...whew! And that's because The EDGE holds worship service on Saturdays. So, if you want a double dose of worshipping God, hearing some harmonious worship music and a soul stirring message, then join The EDGE Community every Saturday at 11:30 am. We're sure Elder Townsend and the entire EDGE Community will welcome and receive you with open arms.

The address for The EDGE Community is 1209 Central Ave So. Kent, WA 98032. Visit TEWC and Receive A Blessing!

Let us keep ElderPastorProfessorMentorDirector Townsend, his staff/leaders and members in our prayers as God uses them to sow seeds of Jesus' love in the hearts of many. CONGRATULATIONS SAM!!!!



Welcome To Our Newest Members

January 2019

Linda Baines
Dennis Beaver
Angel Berry
Caritha Blair
Katie Bennett
Desmond Carpenter
Zakiya Carter
Shawn Gipson
Barbara Johnson
Casey Johnson
Denise Johnson
Franisa Johnson
Frank Johnson
Ke'Lynn Johnson

Nekya Johnson
Tashay Johnson
Trice Johnson
Julia Jones
Ronee Jones
Leonette Lennett
Barbara Lewis
Cayden Lindsey
Rose Lopez
Izaius Paschall
Farris Taitt
Jahlil Thomas

February 2019

Devin Moorer

Lester Gagnon

March 2019

Kaylani Amos
Ranjanique Amos
Jamila Buren
Eric Davis
DeMarionte Lett-Johnson
Shawntae Johnson
Keesha Matthews
Vivian Oietu-Ogbo
Willard Poydras, Sr.
Linda Sagare
Azziem Underwood

April 2019

Jessie Baines
Alvin Cage
Jennie Ely
Howard Harrison
Emmaleen Harrison
Darniece King
Rehana King
Ta'Laura Martin
Marcia Patton
Donna Williams
Shelby Williams
Stephen Williams, Jr.
Dehlia Winbush

Up-Coming Events

May 2019

12	Mother's Day
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June 2019

7 & 8	Prayer Vigil
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9	Graduate Sunday
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16	Father's Day
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19	New Member' Chew & Chat
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23	Scholarship Sunday
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July 2019

19-21	Vacation Bible Camp
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26-28	SHIFT Young Adult Conference
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August 2019

4	14 th NBCF Church Anniversary
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10	SummerFest!
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11	College Send Off
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24	Brothers Can Burn
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September 2019

7	NBCF Youth Conference
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All Events Are Subject To Change Please Check For Up-Dates Often



NEW BEGINNINGS

CHRISTIAN FELLOWSHIP

Mail: PO Box 940
Renton, WA 98057
Phone: (425) 282-6220
Fax: (253) 398-2019

Come Worship With Us!

At The NBCF Worship & Family Life Center

Sundays at 8:00 & 10:30 AM
Thursdays at 7:00 PM

19300 108th Avenue SE
Kent, WA 98031



Watch Us LIVE Sunday Mornings

8:00 & 10:30 AM Each Sunday

Link From Our Home Page: www.thenbcf.org

Thrilling Thursdays

Chew & Chat 6:00 PM

F.R.E.S.H. 7:00 PM

for Middle & High School Youth

New Members Class 6:45 PM

Adult Bible Study 6:45 PM

Mid Week Worship 7:45 PM

Awana 7:00 PM

Ages 2 Years-5th Grade



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newsletter@thenbcf.org